

To our Obstetrics & Gynecology Patients:

Thank you for choosing Jefferson Health for your women's health care. We are proud and grateful to have you as our patients! In this time of uncertainty, we would like to share with you some of the changes that are happening in our practice. We hope that the following schedule adjustments are understood in the context of keeping both you and our community healthy.

If you have any symptoms of COVID-19, or have concerns about exposure, please call us. We are able to order testing remotely.

Please check Jefferson's website frequently, as it will be updated as more information becomes available: [JeffersonHealth.org/Coronavirus](https://www.jeffersonhealth.org/coronavirus).

For our gynecology practice:

All routine gynecologic appointments will be rescheduled for a later date. If you have an urgent need to be seen, please contact the office and we will schedule either a telehealth (video) visit through [JeffConnect](#)[®] or an in-person visit, depending on the concern.

If you need a refill for birth control or another long-term medication, please send us a message through MyChart and we will be happy to extend your prescription.

Non-urgent surgeries will be postponed. Your surgeon will reach out to you to discuss rescheduling.

For our pregnant patients:

We have adjusted the visit schedule to include telehealth through [JeffConnect](#)[®] as well as in-person visits. Our goal is to minimize time spent in the office, while providing full access to your providers.

You may receive a call to reschedule appointments, including ultrasounds.

Please obtain a blood pressure cuff and scale. Please ask your provider for a prescription. You may otherwise purchase these items at your local pharmacy or online. If your insurance does not cover a blood pressure cuff and you are not able to afford one, please ask your provider for assistance. We will ask you to report your blood pressure and weight at the time of your telehealth visits.

We DO NOT recommend using at home fetal heart rate monitors.

Please refer to www.pregnancy covid19.com for up-to-date information regarding COVID-19 and pregnancy.

Visitor policy in outpatient practice:

Please come alone to all visits. In order to protect patients and staff, our current policy also does not allow for guests in the ultrasound room.

Steps to take before coming to the hospital:

All obstetrical patients should continue to enter the hospital through the Emergency Department (ED) located at 435 Hurfville CrossKeys Road, Turnersville, NJ. You and your support person will be screened for COVID-19 exposure using a brief questionnaire. No support person will be allowed to enter unless they are assessed to be low risk for COVID-19.

We recommend that before you come to Labor and Delivery for an unscheduled visit, you call your provider's office at **856-875-0505** or **856-384-0349** for **Jefferson Medical Group** (Dr. Hummel, Dr. Nguyen, Dr. White, Maureen Hughes-Brown, Linda Narcisi) or at **856-557-5555** for the **Family Health Center** (Dr. Covone, Dr. Tyagi, Dr. Pescatore, Dr. Scott), day or night. If you and your provider decide that an unscheduled visit to the hospital is the next step, you and your support person will be verbally screened during that phone call to assess the risk for COVID-19.

We will contact the Jefferson Washington Township Hospital ED to alert them of your planned arrival and of your COVID-19 screening status. This will help expedite your admission to the Labor and Delivery Unit. Your support person must screen negative for COVID-19 to be allowed to accompany you into the hospital.

Support person/Visitor policy:

Only one support person is allowed for the entirety of your stay, including on the postpartum floor. This must be the SAME person; no switching is permitted. If your support person screens positive for COVID-19 at any time, they will need to leave and cannot be replaced.

To minimize risk to exposure to you and your family, early discharge after delivery may occur for you and your newborn, if medically appropriate.

This may change in the future as we are constantly evaluating best practices for the safety of you and your baby.

We acknowledge that this is a stressful time for everyone, and are so appreciative of your flexibility. Please reach out to us via MyChart or by calling the office. We will get through this together!

Warmly,
Jefferson Health OB/GYN