

COVID-19 Vaccination | Pregnancy & Breastfeeding

Should pregnant women get the COVID-19 vaccine?

Yes, scientifically, both Pfizer and Moderna are safe for pregnant women to take. Thousands of women in the U.S. have been vaccinated safely with these vaccines. All leading obstetrical organizations support vaccination of pregnant women and the Emergency Use Authorization includes use during pregnancy.

Is there research that recommends not vaccinating pregnant women?

No. The research we have so far supports vaccination.

How can COVID-19 impact a pregnant woman?

Pregnant women are at a higher risk to develop severe COVID-19, for requiring ICU treatment and an increased risk of death. This is why the best way to keep both mom and baby healthy is to be vaccinated.

Does it matter what trimester of pregnancy a patient gets the vaccine?

No. It is safe to receive the COVID-19 during any stage in pregnancy.

What about women that are breastfeeding?

Yes. COVID-19 vaccination is safe during postpartum and lactation.

Should women who are trying to conceive get the COVID-19 vaccine?

Yes. Pfizer and Moderna vaccines are safe for people trying to conceive. They are also safe for women undergoing fertility treatments.

What is the WHO's stance on COVID-19 vaccination in pregnancy? What about leading OBGYN and MFM organizations?

The World Health Organization (WHO) states that pregnancy puts women at higher risk of severe COVID-19. And while there is limited data available at this time to assess COVID-19 vaccine safety in pregnancy, WHO acknowledges that based on what is known about this type of vaccine, there is no reason to believe that any specific risks would outweigh the benefits of vaccination for pregnant women. The American College of Obstetricians and Gynecologists and the Society of Maternal-Fetal Medicine released statements advising that no pregnant person should be withheld vaccination. Women who are pregnant or breastfeeding are encouraged to contact their healthcare provider if they have further questions.